



# The Leadership Gallery

Dr. Gardner R.H. at the Heart of Mind Heritage

This compilation is a tribute to the unwavering dedication of Dr. Gardner Rwakiseta Herbert in advancing the mission of Mind Heritage.



# Introduction

From 2023 to 2025, Dr. Gardner Rwakiseta Herbert—co-founder of Mind Heritage—has been at the forefront of leadership, peacebuilding, mental health advocacy, and youth empowerment across Uganda and beyond. His active participation in diverse forums, trainings, and conventions reflects his unwavering commitment to nurturing ethical leadership and fostering inclusive development.

This compilation is not just a record of events; it is a testament to the transformative power of engagement. Each title represents a milestone in a journey of service, education, and inspiration. Through these platforms, Dr. Gardner R.H. has worked with students, youth leaders, policymakers, and communities, advancing conversations that matter—on mental health, peace, resilience, and the shared future of Africa.

In these pages, you will find the footprints of a leader dedicated to shaping minds and strengthening communities—one event, one dialogue, one act of service at a time.



# KYAKWANZI NATIONAL LEADERSHIP CENTER











USING EMOTIONAL INTELLIGENCE  
FOR EFFECTIVE LEARNING AT NAJERA  
HIGH SCHOOL



# THINKING PATTERNS FOR LAWYERS AT NKUMBA UNIVERSITY LAW SCHOOL







USING EMOTIONAL INTELLIGENCE FOR  
ELDERLY HOMES AT THE NEUROLOGY  
CONFERENCE IN PARIS FRANCE





ROTARY PEACE  
FELLOWS  
MAKERERE UNIVERSITY







**Rotary peace fellows  
Makerere University**





**TEAM building activity one self leadership with the Rotary peace fellows**





**MUK WELFARE staff on mental wellness**





**Mind Heritage youth speech classes**



# Mind Heritage youth Peer Mentorship programs





## Mind heritage youth metorship sessions







**Mind Heritage Mentorship program on emotional intelligence**



# mentorship zoo tour in entebbe zoo





# mental wellness with Serenity Oasis MUK





# Makerere top management training on emotional mental health and wellness





# Mastercard career talk on personal branding



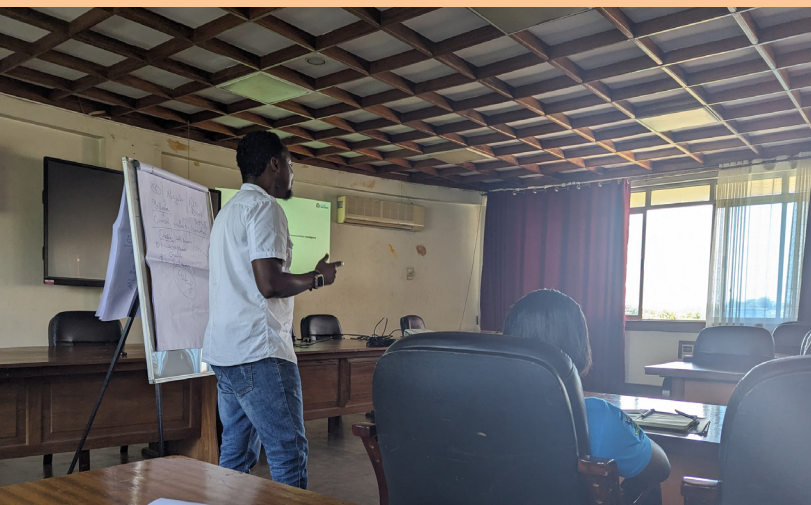


# Mastercard foundation Class on personal branding for deployment





# lions club of makerere talk on mental resilience and wellness





# Leading with Emotional and financial Intelligence at AFROHUNA







**learning self leadership using play**



# Building resilience in today's chaotic world a talk at rotary club najera







**Asifiwe Internationa Academy Rising holistic students at the parents teachers fellowship**



# Asifiwe teachers training











**88TH GUILD INDUCTION WORKSHOP**



# THE LAUNCH OF MENTAL HEALTH CAMPAIGN





# YOUTH LEADERSHIP TRAINING







## UNIVERSITY HALL

### TOPIC: ADDICTIVE DISORDER



# MARY-STUART HALL

## TOPIC: ADDICTIVE DISORDER







**MITCHELL HALL**  
**TOPIC: SELF-DISCIPLINE**



# COMPLEX HALL

## TOPIC: SELF-DISCIPLINE





# LIVINGSTONE HALL

## TOPIC: MANAGING-SELF







## **AFRICA HALL**

TOPIC: RELATIONSHIP DILEMMA



# NKURUMA HALL

## TOPIC: RELATIONSHIP DILEMMA





# **NSIBIRWA HALL**

## **TOPIC: MANAGING EXAM ANXIETY**





# **KABANYOLO**

## **TOPIC: MANAGING EXAM ANXIETY**





# **GALLOWAY**

## TOPIC: MANAGING EXAM ANXIETY







## **THE "LET'S TALK SERIES": A JNLC STUDENT MENTAL HEALTH AWARENESS PROGRAM**



## 2ND EAST AFRICAN WORLD KISWAHILI LANGUAGE DAY.





# YOUTH LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA







JULIUS NYERERE LEADERSHIP CENTRE (JNLC)  
IN PARTNERSHIP WITH UNDP PRESENT:

# LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA



1ST COHORT  
24TH - 28TH  
JULY, 2022

2ND COHORT  
31ST AUG - 4TH  
SEP, 2022

START  
END



PE

"If your dreams do not scare you, they are not big enough."  
Ellen Johnson Sirleaf

"The seeds of success in every nation on Earth are best planted in women and children."  
Jacqueline Kambanda





**“BUILDING A BORDERLESS EAST AFRICAN REGION: CHAMPIONING  
UNITY, YOUTH EMPOWERMENT, CULTURE, AND CLIMATE RESILIENCE,”**



# YOUTH IN BUSINESS CONNECT 2023







**UCU GUILD ASSEMBLY 2023**





**YouLead Summit 2023**  
YOUTH EMPOWERMENT THROUGH CAPACITY BUILDING  
NAIROBI



## REVIEW MEETING WITH YOULEAD UGANDA DELEGATES







# YOUTH LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA









**The 90th Guild Leadership Induction Workshop**





**The 90th Guild Leadership Induction Workshop**



# Young Women and Youth Leadership Training





# Young Women and Youth Leadership Training

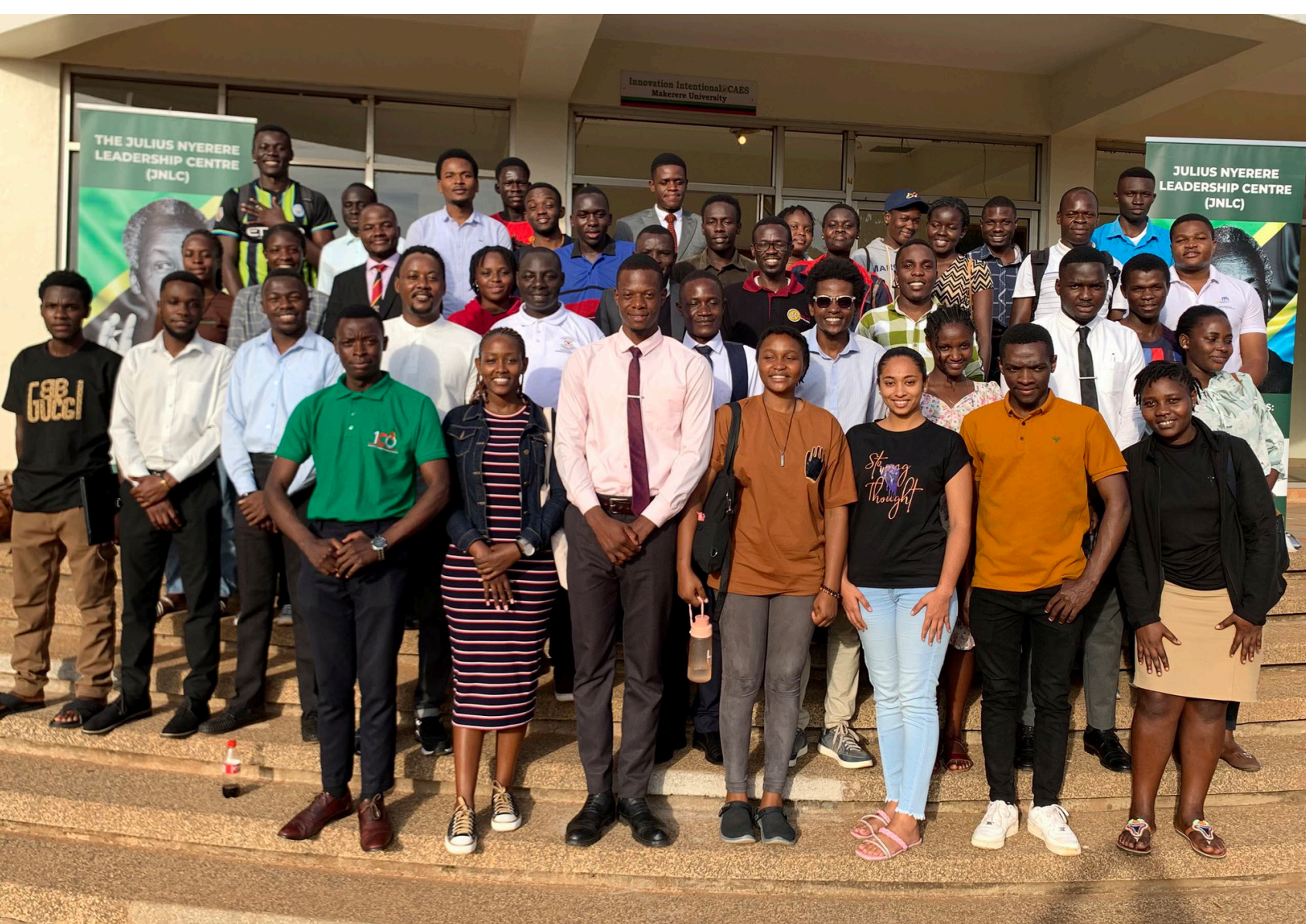




# Resumption of the Let's Talk Series: Promoting Mental Health Awareness at Makerere University







**Resumption of the Let's Talk Series: Promoting Mental Health Awareness at Makerere University**



# Rotary Peace Fellows Leadership Training







# YouLead Africa Summit 2024



# A Peace And Security Leadership Training









# Ekyooto: Cross-Generational Conversation on Peace and Security







**Ekyooto: Cross-Generational Conversation on Peace and Security**



# Piloting JNLC Leadership Training Programme for Secondary School Student Leaders





**mindharvest.com**