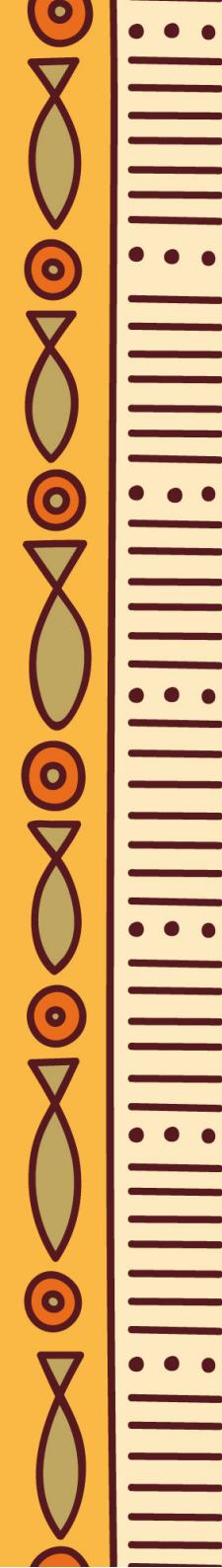




The Leadership Gallery

Dr. Gardner R.H. at the Heart of Mind Heritage

This compilation is a tribute to the unwavering dedication of Dr. Gardner Rwakiseta Herbert in advancing the mission of Mind Heritage.



Introduction

From 2023 to 2025, Dr. Gardner Rwakiseta Herbert—co-founder of Mind Heritage—has been at the forefront of leadership, peacebuilding, mental health advocacy, and youth empowerment across Uganda and beyond. His active participation in diverse forums, trainings, and conventions reflects his unwavering commitment to nurturing ethical leadership and fostering inclusive development.

This compilation is not just a record of events; it is a testament to the transformative power of engagement. Each title represents a milestone in a journey of service, education, and inspiration. Through these platforms, Dr. Gardner R.H. has worked with students, youth leaders, policymakers, and communities, advancing conversations that matter—on mental health, peace, resilience, and the shared future of Africa.

In these pages, you will find the footprints of a leader dedicated to shaping minds and strengthening communities—one event, one dialogue, one act of service at a time.

KYAKWANZI NATIONAL LEADERSHIP CENTER







USING EMOTIONAL INTELLIGENCE FOR EFFECTIVE LEARNING AT NAJERA HIGH SCHOOL

THINKING PATTERNS FOR LAWYERS AT NKUMBA UNIVERSITY LAW SCHOOL





USING EMOTIONAL INTELLIGENCE FOR
ELDERLY HOMES AT THE NEUROLOGY
CONFERENCE IN PARIS FRANCE



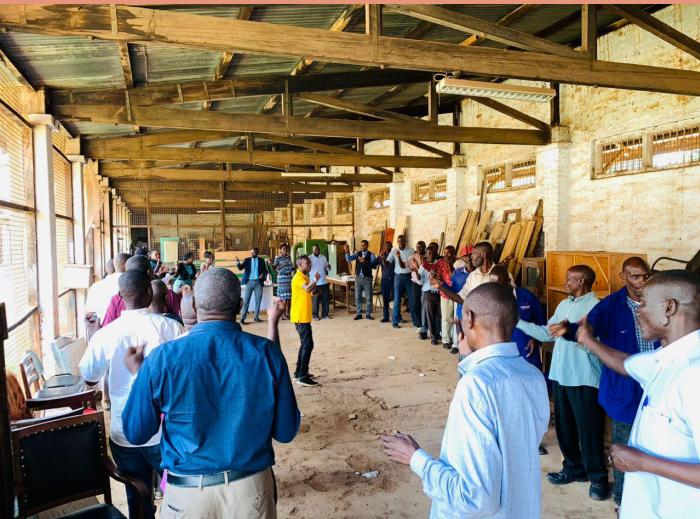
ROTARY PEACE
FELLOWS
MAKERERE UNIVERSITY



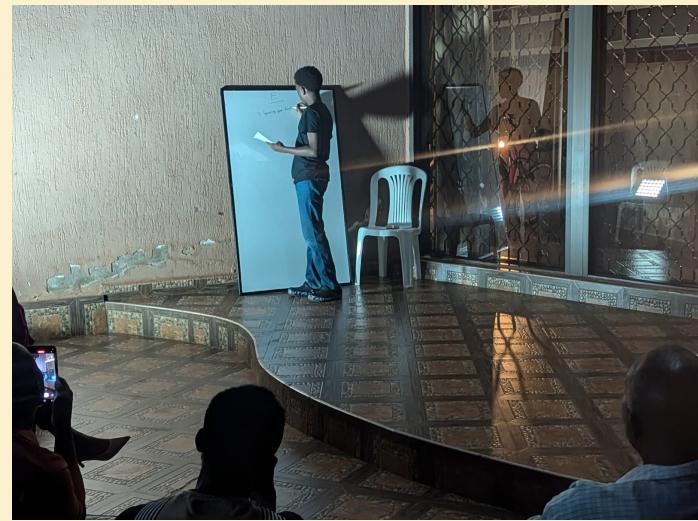
Rotary peace fellows Makerere University



TEAM building activity one self leadership with the Rotary peace fellows



MUK WELFARE staff on mental wellness



Mind Heritage youth speech classes

Mind Heritage youth Peer Mentorship prgrams



Mind heritage youth metorship sessions





Mind Heritage Mentorship program on emotional intelligence

mentorship zoo tour in entebbe zoo



mental wellness with Serenity Oasis MUK



Makerere top management training on emotional mental health and wellness



Mastercard career talk on personal branding



Mastercard foundation Class on personal branding for deployment



lions club of makerere talk on mental resilience and wellness



Leading with Emotional and financial Intelligence at AFROHUNA





learning self leadership using play

Building resilience in todays chaotic world a talk at rotary club najera





**Asifiwe International Academy Rising holistic
students at the parents teachers fellowship**

Asifiwe teachers training







88TH GUILD INDUCTION WORKSHOP

THE LAUNCH OF MENTAL HEALTH CAMPAIGN



YOUTH LEADERSHIP TRAINING





UNIVERSITY HALL

TOPIC: ADDICTIVE DISORDER

MARY-STUART HALL

TOPIC: ADDICTIVE DISORDER





MITCHELL HALL
TOPIC: SELF-DISCIPLINE

COMPLEX HALL

TOPIC: SELF-DISCIPLINE



LIVINGSTONE HALL

TOPIC: MANAGING-SELF





AFRICA HALL

TOPIC: RELATIONSHIP DILEMMA

NKURUMA HALL

TOPIC: RELATIONSHIP DILEMMA



NSIBIRWA HALL

TOPIC: MANAGING EXAM ANXIETY



KABANYOLO

TOPIC: MANAGING EXAM ANXIETY



GALLOWAY

TOPIC: MANAGING EXAM ANXIETY





THE "LET'S TALK SERIES": A JNLC STUDENT MENTAL HEALTH AWARENESS PROGRAM

2ND EAST AFRICAN WORLD KISWAHILI LANGUAGE DAY.



YOUTH LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA



"If your
dreams do
not scare you,
they are not
big enough."

Ellen Johnson Sirleaf

"The seeds
of success in
every nation
on Earth are
best planted
in women and
children."

Louise Bandeira

JULIUS NYERERE LEADERSHIP CENTRE (JNLC)
IN PARTNERSHIP WITH UNDP PRESENT:

LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA



MAKERERE UNIVERSITY



1ST COHO

24TH - 28TH
JULY, 2022

2ND COHO

31ST JULY - 4TH
AUGUST, 2022

START
END

PRE
K





BUILDING A BORDERLESS EAST AFRICAN REGION

Championing Unity, Youth Employment,
Culture and Climate Resilience



**“BUILDING A BORDERLESS EAST AFRICAN REGION: CHAMPIONING
UNITY, YOUTH EMPOWERMENT, CULTURE, AND CLIMATE RESILIENCE,”**

YOUTH IN BUSINESS CONNECT 2023





UCU GUILD ASSEMBLY 2023



**YouLead
Summit 2023**
YOUTH EMPOWERMENT THROUGH CAPACITY BUILDING
NAIROBI

REVIEW MEETING WITH YOULEAD UGANDA DELEGATES





YOUTH LEADERSHIP TRAINING FOR ALL GUILD LEADERS IN UGANDA





The 90th Guild Leadership Induction Workshop



The 90th Guild Leadership Induction Workshop

Young Women and Youth Leadership Training



Young Women and Youth Leadership Training



Resumption of the Let's Talk Series: Promoting Mental Health Awareness at Makerere University





Resumption of the Let's Talk Series: Promoting Mental Health Awareness at Makerere University

Rotary Peace Fellows Leadership Training





YouLead Africa Summit 2024

A Peace And Security Leadership Training



Ekyooto: Cross-Generational Conversation on Peace and Security





Ekyooto: Cross-Generational Conversation on Peace and Security

Piloting JNLC Leadership Training Programme for Secondary School Student Leaders



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